



Online Learning Self-assessment Survey

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University of Tennessee, Chattanooga Online M. Ed. Program
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Is an Online Degree Program for YOU?

Take this self-assessment checklist to help you decide if online learning is for you. All these qualities have been cited in studies of successful online students. This checklist does not necessarily **predict** how well you will do; it just give you some indications of qualities that help.

Answer the following questions **Yes or No**. Then see your scoring summary below the checklist.

I have good technology skills and access.		
Yes	No	1. I have an email account and frequently communicate through emails.
Yes	No	2. I know how to use an Internet browser to navigate to web sites.
Yes	No	3. I have fairly good typing skills.
Yes	No	4. I know how to save a document to my desktop or to a folder on my hard drive.
Yes	No	5. I have home access to a high-speed (cable modem or DSL) Internet connection.
I don't mind taking risks when learning.		
Yes	No	6. I am not afraid of making mistakes if I am learning to do new things.
Yes	No	7. It does not bother me if I answer incorrectly in a new learning situation.
Yes	No	8. I don't mind asking an instructor for help if I don't know how to do something.
Yes	No	9. I don't mind displaying my work in front of others in a learning situation.
Yes	No	10. I am not easily frustrated when I am learning new things.
I am an organized and self-disciplined learner.		
Yes	No	11. I tend to start new tasks early to get a head start on them.
Yes	No	12. When I have a lot of things to do, I schedule them to make sure I get them done.
Yes	No	13. I almost never let things go until the last minute.
Yes	No	14. I tend to plan my daily activities to allow enough time to accomplish them.
Yes	No	15. I know I can make a weekly commitment of time to complete my coursework.
I know I am responsible for my own learning.		
Yes	No	16. I believe it is rewarding to be a high achiever.
Yes	No	17. My successes have always been because of my efforts; luck rarely played a role.
Yes	No	18. I try to achieve in all my classes, regardless of their level of difficulty.
Yes	No	19. I usually reach the goals I set for myself.
Yes	No	20. I tend to persist at things I start, even when takes more time than I thought.
I have good communication and study skills.		
Yes	No	21. I have good reading comprehension.
Yes	No	22. I'm comfortable with expressing myself in writing.
Yes	No	23. I am fairly good at following written directions.
Yes	No	24. I can focus my attention on learning even when there are distractions around.
Yes	No	25. I like working on tasks independently; I don't need face-to-face contact.

If you answered "yes" to:

- 23-25 items** – You are an excellent candidate for online learning; go for it!
- 20-22 items** – You will probably be okay with online learning, but may need to work on developing some of the required qualities.
- Fewer than 20 items** – You may have difficulties with online learning. Review the checklist and see if there are any of these you can change or address.